


A talk on “Preventing Fatty Liver” is organized by Department of Applied Sciences & Humanities and IGDTUW Dispensary in IGDTUW auditorium on 6<sup>th</sup> June 2023. The invited speaker for the talk was “Dr. Purnima Singh” from a reputed institute of Liver & Biliary Sciences, Delhi from team smiles (Stronger India through a Million Health Educated Students). She aware students about importance to maintain a healthy lifestyle by eating a balanced diet, exercising regularly, and avoiding excessive alcohol consumption. Also, at last questioner survey that required different physical measurements (weight, height and waists etc.) was done by her and team. The talk provided the valuable information to students that will be very helpful to their future ventures.

**Indira Gandhi Delhi Technical University for Women  
Delhi**

 Department of Applied Sciences & Humanities  
& IGDTUW Dispensary  
Organizes 

**TALK  
ON  
“Preventing Fatty Liver”  
Invited Speaker  
DR. PURNIMA SINGH  
Institute of Liver & Biliary Sciences, Delhi  
Team SMILES- Stronger India through a Million Health Educated Students**

Date: Aug 07, 2023  
Time: 11:30 AM-1 PM

